



The Roaring Record

Nurse's Notes

It's that time of year again for influenza (or the flu) to try to invade our schools. It is a highly contagious disease. It can cause fever, sore throat, chills, cough, headache, muscle aches, and fatigue. It can also lead to pneumonia. Anyone who has health problems such as asthma, heart disease, kidney or liver problems or anemia and other blood disorders should get the flu vaccine. There is now an "intranasal" flu vaccine, but is not recommended for young children, people over 50, or anyone with severe health or breathing problems. For these people only the immunization is recommended.

The local Health Department has dates scheduled for immunization clinics in the month of December. Flu and H1N1 vaccines are available for reduced prices and, in some cases, free. If you would like more information about these immunization clinics or about influenza and H1N1 vaccines, feel free to call the nurse at Shive.

Teachers Meet to Achieve More

Each Wednesday (4th Grade) and Thursday (5th Grade) the teachers have a TEAM (Together Everyone Achieves More) meeting. While the teachers are meeting, the students are involved in Art, Music, Computers, and PE. These classes are rotated each week.

Updates from PE and Health

We have concluded an intense study of "Go, Slow, and Whoa" foods as well as how they affect our health and where they are categorized on the Food Pyramid. Also, charts have been displayed in the cafeteria showing these.

The students are now working from our health book and learning how to use the glossary and index to help them in completing chapter worksheets.

In PE we have been working on basketball skills, drills, and relays. The students are learning how to play with each other and settle disputes with minimal teacher intervention.

Comments from the Counselor

Guidance lessons have been focused on tattling and empathy for 4th Grade. In 5th Grade we have covered rumors and learning styles. All students have been participating and have seemed to understand the importance of the topics covered.

Nominations for the Gifted and Talented program will be taken beginning December 1st thru the 17th. Nomination forms are located in the office. Please complete and return to the counselor.

Shive School

December 2009

Special points of interest:

- ☺ If your child is missing a coat, please check our lost and found.
- ☺ Encourage your child to read every day.
- ☺ Check your child's assignment notebook each day.
- ☺ Remind your child of early morning tutoring Tuesday -Thursday 7:15-7:45 am if they need extra help on homework or understanding classwork.

